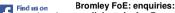




October 2018 No. 370



email: bromleyfoe@gmail.com, website: www.bromleyfoe.co.uk

October Meeting

Friends Meeting House, Ravensbourne Road, Bromley

The Clean Air Emergency

Let's prevent further deaths from toxic air pollution

Tuesday 2nd October - 7.30pm (prompt start please)

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Copy for the next Newsletter must be with the Editor by *** SUNDAY 21ST OCTOBER ***

Contact details inside front cover.

Disclaimer: Please note that any opinions expressed in this Newsletter are not necessarily those of Bromley Friends of the Earth or of Friends of the Earth

Diary dates:

Oct 2nd (Tue) Bromley FoE's October Meeting. More information below and on page 3. There will be a Traidcraft stall at this meeting.

Oct 7th (Sun) Outing to Bedgebury National Pinetum and Forest. TN17 2SJ. Meet in reception between 11 and 11.30. Call Sue and John with any queries on 020 8464 5990.

Oct 10th (Wed) Friends of Jubilee Park event. 'Lichens – what they are, where they're found and how to identify them'. Dr Ishpi Blatchley of the British Lichen Society will tell us about these fascinating organisms which come in many sizes, colours and forms. Meet in the Garden Room, St. Augustine's Church, Southborough Lane, Bromley BR2 8AT at 7.30pm. Refreshments available. Entry is free but a donation of £3 towards the cost of running the event and the work of the Friends would be welcomed.

Oct 12th (Fri) 'Green Christianity for a Fragile Planet'. A panel debate and exhibition from local and national environment groups. Orpington Baptist Church Station Rd. BR6 0RZ. 6.30pm. Debate starts at 7pm.

Oct 27th (Sat) Bromley FoE stall with Bromley Against Fracking in the Mall precinct, Bromley. 2.30-4.30. A chance to chat to the public about the concerns about fracking. We will have info available on our other campaigns too. Volunteers needed please, even if just for half an hour. Please sign up at the October meeting, email us or just come along on the day! Thank you.

October Meeting – Tuesday 2nd October - The Clean Air Emergency

We are hoping to have **Rosamund Adoo-Kissi-Debrah** whose daughter Ella died following a severe asthma attack, and whose death is thought to be linked to high levels of pollution. Rosamund is campaigning for an inquest to prove that toxic air pollution was the cause of her daughter's death. She wants the government to learn from this and to prevent further unnecessary loss of life.

(see opposite page for further details)

We also hope to have a member of the Clean Air Team at Friends of the Earth.

Next Newsletter - copy details

Any news, articles, poems, questions, views etc for the next Newsletter must be with the editor by *** SUNDAY 21ST OCTOBER ***

by post to John Street, 82 Babbacombe Road, Bromley, BR1 3LS by phone to: 020-8460-1078, by email to: johnstreet@gn.apc.org

The editor reserves the right to shorten contributions for space, or other, reasons.

Grant an inquest to find if air pollution caused my daughter's death

Rosamund Adoo-Kissi-Debrah started a petition on Change.org.

We are hoping Rosamund will be able to join our October meeting. She writes:

My beloved daughter Ella died in February 2013 - aged just nine years old. At the time we were told she died because of her asthma. But new evidence has come out linking her death to illegal levels of air pollution - so I'm calling for a new inquest into her death

I'll never forget the day we lost Ella. It was in the early hours of the morning on the last day of term. She had already picked out her outfit for the end of term disco. But just a few hours later she suffered coughing fits followed by several seizures. She was hospitalised and we lost her. She never made it to the party.

Ella was born healthy. She was an active and happy child - cycling, skateboarding, playing football and excelling at swimming. She dreamt of becoming a pilot. Then when she was six she developed asthma, and the frantic hospital visits began.

An inquest in 2014 into her unexpected death concluded that Ella died due to a severe asthma attack followed by a seizure, possibly caused by an allergic reaction to something in the air. But the exact cause has remained a mystery. Since then, coverage of the UK's toxic air pollution increased and I began to think this could be the missing link.

New medical research shows that Ella's frequent hospital admissions were linked with spikes of illegal levels of air pollution around our home near the south circular road. Her final hospital admission took place during one of the worst air pollution episodes in our local area.

A renowned medical consultant studying our case found there was a "real prospect that without illegal levels of air pollution Ella would not have died".

This isn't just about Ella. Air pollution causes around 40,000 premature deaths per year in the UK and levels of nitrogen dioxide have been illegally high since 2010 in the vast majority of urban areas in the UK.

The government has been taken to court three times over the illegal levels of air pollution in the UK and lost each time. And yet still the authorities are failing to act.

A new inquest wouldn't just help me get answers about my daughter's death. Linking air pollution to her death would be a legal first and would make the government look at how to learn from this to avoid future loss of life

It would pile pressure to clean up our toxic air and make sure what happened to Ella never happens to another child.

(This is from the Change.org petition site)

September meeting report - Annette Rose

Emma Priestland from FoE head office came to update our group on the Plastics Campaign. Emma explained her background in which she has worked for another organisation, 'Seas at Risk' campaigning on the subject of plastics for a number of years.

Now at FoE, she is responsible for the political work, liaising with businesses and she also helps to form policy direction.

Emma explained how we have to understand the plastics addiction we have in our society. It is all around us. In offices plastics are in carpets, laptops and walls. It is found in our clothes, food packaging, toys, bottles, gardening tools. The plastics market is expected to continue growing. 80% of the plastics produced end up in the environment or in landfills. Large quantities land up in the sea and in some parts of the world there are beaches that have a 1 metre layer of plastics.

We understand now that plastic does not disappear. Once it gets in the sea, plastic breaks down into smaller particles called micro plastics. These are filtered by sea creatures. Lots stay in their bodies making them feel full and the chemicals are in their bodies too. This decreases the likelihood of them surviving. Seafood such as mussels and shrimps has been found to contain plastic.

Many products we use have these particles of plastic in them including some shampoos, mascara and laundry detergents. Emma said that

companies need to take responsibility for plastics as there are real dangers that they can go up the food chain and be ingested by people. The effects of plastics in our bodies are as yet unknown.

Is recycling the solution?

The picture is complicated. Lots of plastic put into the waste stream is rejected during the recycling process. It may be low grade or the wrong type or is contaminated. After recycling the plastic is downcycled and becomes road surface or low grade material- not another bottle. Britain used to export large quantities to China but China does not want this any more. So now it goes to other countries such as Poland, Malaysia and Taiwan. When this happens, we can't know for certain that the plastic is recycled although it appears in our statistics as being so. Also there are questions about the human rights and health and safety of the people handling these waste materials.

FoE continues to support and promote recycling but say it is not the full solution. Manufacturers need to take responsibility for the full life cycle of their products.

A reduction in plastic use must be the way forward. We must be aware of false solutions too. For example, a company may promote bio based plastic and advertise it as such. But this is only good if it is put in the right disposal facilities.

/continued on next page

September meeting report - continued

Some people are not able to recycle such as people in flats who have no recycling bins.

Emma explained that we need to look to the past. What did we do before we had plastic? The exciting thing is that the movement to do something about this problem is now a global movement. There are things that we can all do to reduce our plastic use.

Some things we can do include using water bottles, eating in restaurants instead of taking take away containers. refusing plastic straws, growing our own food, using glass jars. People can also sign the Plastic Free Friday Pledge. Emma recognised that it is very hard to not use plastic at all. There are inspiring blogs and articles on the FoF website which we can read for ideas. There are some great projects taking place such as schools that have moved away from single use plastics. Chester FoE are working towards a plastic straw free city. Emma recommended the film 'Plastic Ocean' which we plan to show at a future Bromley FoE meeting.

We heard about an 'Unwrapped' event in which local communities plan courses of action, brainstorming in groups and thinking how to work on mini campaigns.

It is clear we need government action to reduce plastic use. Local councils can be encouraged to sign pledges to reduce plastic use.

Emma then answered some questions from the audience.

Q. How does FOE regard incineration?

A. High Tech facilities say there is no air pollution but it still involves the burning of fossil fuels which emit CO₂ and toxins, Also ash produced is highly toxic and has to be disposed of. Local councils can get trapped into long contracts where they have to burn their waste rather than use recycling facilities. Things are slightly better when the heat is used to heat homes.

Q. A time before plastic is before supermarkets. Women's role was in the home and men at work. We can't go back to that.

A. There is still much we can do. We can buy from local producers so less packaging needed. We can have milk delivered in glass bottles. We can eat seasonally and locally and reduce waste.

Our audience had some other good ideas -

Use chicken wire instead of oasis- the foam used in floristry.

Reverse the VAT in restaurants so you pay less if you eat in. Install reverse vending machines to recycle your containers and get a deposit back. Have segregated waste in street bins in Bromley.

Emma concluded by saying there are encouraging signs that young people are getting onboard with the topic and understand the issues. There are conversations on social media sites.

Final paragraph is on page 7

Campaigns + Climate, Energy and Transport - Ann Garrett

Campaigns

There was a good turnout for the World Clean Up Day clearing litter in Bromley Library Gardens with Friends of Bromley Town Centre Parks and Gardens on September 15th. The press release letter gives details of the vast range of rubbish which was collected. It was good to link with a local friends group. Grateful thanks to Judy for designing the leaflets that were given out and to those who supported the event.

Many thanks also to all who have signed up for The Mall precinct stall on Oct 27th from 2.30 - 4.30 pm This will focus on the anti fracking Futures Campaign and be supported by Bromley Against Fracking.

Climate, Energy and Transport

Fracking Update

There is some good news from Leith Hill in Surrey! Anti-fracking campaigners have achieved a victory there after a long period of protest against Europa Oil and Gas, who have been drilling for oil at the site. The company pulled out of Leith Hill in early September after failing to renew their lease, which included traffic management plans and erecting security fencing.

There have been earth tremors in the Dorking area and an impact on health and wildlife. This is in the middle of being investigated. A judge has also refused to grant an injunction against six women - the 'Surrey and Sussex Six' who've been opposing UKOG's oil drilling plans.

The injunction would have threatened free speech and the right to protest.

The bad news is that councils are investing £9 billion into fracking companies, and this means that the companies will increase their legal strategies.

Pollution from Cruise Ships

Greenwich Council's new leader has said that he is 'hugely disappointed' that developers of a new cruise liner port in Greenwich have not come up with a sensible solution to the toxic air pollution it will bring.

The site at historic Enderby Wharf is up for sale for around £50 million. East Greenwich Residents' Association has highlighted the fact that because the council granted planning permission without an on-shore electricity supply, ships moored will belch out diesel fumes equivalent to 700 lorries every hour. The effects on CO₂ emissions will be disastrous in the South East area, and Greenwich isn't far from Bromley

The council are due to have talks with the Mayor of London about this serious issue.

China is Building an Ecological Civilisation

In these times of severe climate change, China is setting an example to the world in becoming a pioneer of green technology. Previously China has been a dumping ground for the world's rubbish, but now new

/continued on page 8

Bromley FoE comments on Site G Masterplan

The consultation period for the 'Site G' Masterplan published by Bromley Council has now ended. These are the comments sent on behalf of Bromley FoF.

Bromley Friends of the Earth wish to object to the above plan on the following grounds:-

- 1. Such a large series of developments of 1,230 homes of towers up to 15 storeys high will be overbearing and destroy the character of a Bromley as a market town.
- 2. The outline design proposals are ugly and aesthetically unpleasing.
- 3. There has already been significant housing development in the area in recent years.
- 4. Sufficient retail and refreshment units already exist in the Bromley High Street.
- 5. Impact on the local infrastructure and parking is another major concern.
- 6. There would be a serious impact on the conservation area.
- 7. Destruction of the former Gaumont Art Deco building would be scandalous and a loss to Bromley Town Centre heritage. This applies to any loss of other shop frontages
- 8. A reduction in high density development is needed to avoid overcrowding in the town centre.
- 9. Existing new development at Bromley South is sufficient.

10. Preservation of precious 'green' space is vital in a world facing severe climate change. The Churchill Quarter proposals would intrude on the top of the Library Gardens, create wind tunnels and be an 'eye sore' to a vast area around.

Summary

More concrete and high rise buildings are not the answer to retaining the heart of a Country Market Town which makes Bromley unique as an outer London suburb.

Bromley Council needs to reclaim empty properties, rooms in present office blocks, and build on other brown field sites throughout the borough to provide more housing units, and leave the 'oasis' of green spaces alone.

The Master Plan proposals would be an outrageous monstrosity, and detrimentally change Bromley Town Centre for ever

Final paragraph of September meeting report

In the second half on the meeting we discussed our next two group events which are litter picking in the Churchill Gardens and The Peoples Walk for Wildlife. We had some good news that the fracking at Leith Hill is not going ahead at least for the time being.

World Clean Up Day – Bromley FoE Press Release

World Clean Up Day

Bromley Friends of the Earth and the Friends of Bromley Town Centre Parks and Gardens marked World Clean Up day on September 15th by clearing litter in Bromley's Library Gardens. This was part of an international action in which 150 countries participated.

The Bromley group of 12 volunteers collected 6 sacks of litter which ranged from plastic and glass bottles, tins, cigarette butts, drink cartons, plastic confetti and broken glass, to discarded clothing and paper food wrappers, and old cycle parts!



The aim of the day was to raise greater awareness of the way in which the planet is being polluted, and to encourage people to be more responsible by recycling in their own household boxes and the Bromley Council litter bins, especially those which separate the waste.

Bromley Friends of the Earth meet on the first Tuesday of each month at the Friends Meeting House, Ravensbourne Rd, Bromley at 7.30pm. They are also holding a stall in the Mall Precinct, Bromley on Oct 27th from 2.30 – 4.30 pm.

Members of the public will be most welcome at meetings and also to support at the stall.

Campaigns etc – continued

environmental protection laws are being introduced, and environmental groups are springing up in their thousands across the country.

The government is accelerating the introduction of clean energy technologies and is committed to a sustainable path and building 'an ecological civilisation' as a national strategy. This is positive news.

Transport

I attended a consultation on behalf of Bromley FoE on September 10th about the proposed London Aerospace and Technology College to be sited on Biggin Hill Airport, Whilst supporting increased educational and career opportunities in Bromley in my feedback comments. I opposed the siting of these at Biggin Hill Airport, on the grounds of increased pollution from aviation fuel and CO₂ emissions from the traffic it would generate. It was important to stress the impact on climate change. Building an aviation college will ultimately contribute to greater airport expansion to which FoE is strongly opposed.

/concluded on page 10

News Items on plastic reduction - Judy Palmer and Sheila Brown

Some store chains are better than others at changing their packaging on products away from plastic aren't they! Well done Iceland on stopping wrapping their bananas in plastic packaging and going for recyclable paper bands for the pre-packaged fruit. They are trialling this in three stores and then rolling it out more widely. They plan to make this nationwide by the end of the year and say it will save, eventually, 10 million plastic bags a year.

Iceland is committed to eliminating plastic from its own-label packaging by 2023 and these new packaged bananas are the first product in a major British supermarket to feature the Plastic Free Trust Mark, launched by the campaign group A Plastic Planet earlier this year.

This follows on from Waitrose replacing plastic packaging on their Duchy Organic bananas with a sticky band. They estimate this change will save 8 tons of plastic a year. And in a welcome recent announcement, Waitrose say they will be replacing plastic bags for their fruit & veg with compostable bags made from corn starch. And they pledge to remove all plastic bags by Spring 2019. This should save them about 550 tons of plastic a year.

Waitrose have also phased out singleuse plastic cups for their complimentary cups of coffee to their "My Waitrose" customers. They maintain this will save 52 million cups per year. They will refill customers' own cups, and have these on sale in their stores. Also they have pledged not to sell any own-label food in black plastic beyond 2019 and are committed to making all own-label packaging widely recyclable, reusable or home compostable – but their goal for this is 2025 which I feel is far too long term.

Prêt-a-Manger offers a 50p discount on hot drinks if you bring your own reusable cups. I believe some other coffee chains are also offering discounts. Always worth taking your own cup and asking to help spread the message. In the summer I obtained 10% discount from Wightlink, but at that stage Red Funnel were not offering any.

Looking at cardboard and recycling now, do we ever think about how much of our council tax is spent on the recycling system for the disposal of this? Not very often eh? Well the Commons Environmental Audit Committee is (wow??!). They are drawing up a new Resources and Waste Strategy which will mean online giants, such as Amazon, will face levies relating to the amount of packaging which is used with posting out our orders. Well, if this Strategy comes into force later this year, hopefully it will include how the money raised from the levy will be used – putting it to research and development maybe?

I read an inspiring article recently, about a woman from Croydon who started to paddle-board the length of the River Hudson in the USA earlier in September! She is doing this to raise awareness of plastic pollution.

Litter Clean Ups - Judy Palmer

Thank you so much to everyone who came along to our litter pick in the Library Gardens, Bromley, on 15th September. This date was also the start of the Marine Conservation Society's annual Beach Clean, but it was also World Clean Up Day, which is why we chose the date.

We had a successful almost two hours in the Library Gardens, Bromley, when we joined with the Friends of Bromley Town Centre Parks and Gardens to walk down the length and breadth of the gardens.

The Council does a pretty good job of keeping the paths and grass clear of rubbish as we found most of the debris on a stair way and under bushes and trees scattered across the park.

Actually, one of the saddest sights was to see the rubbish which had accumulated in the reeds of the large lake there. (see photos) Idverde, the contractor responsible for our parks and green spaces, is aware of the problem and it is cleared up fairly regularly.

The correct size boat / pontoon has to be sourced as the mud and depth of the water means men in waders are not the

best option for the clearance! On a nicer note, we noticed a heron on the water of the lower pond there, fishing......





Campaigns etc - concluded

Transport Secretary Chris Grayling has hailed a' new age of the car' as he pledged thousands more charging points across the UK for electric cars.

He stressed that the convenience of driving must no longer come at the cost of clean air. The Government is due to spend £400 million to speed up the installations. Electric cars are on the increase in Britain with 150,000 on the roads already.

Miller's Mutterings - Chris Miller

The wheat has been cut and although the grains were small, they managed to attain all the different qualities needed i.e. protein, hapburg, moisture etc. Obviously the quantity was low and the straw shorter than normal but at least the results were not as bad as we first thought. We have yet to cut the spring barley as I write, 29th August, but again the stalks are very short but fingers crossed for the quality.

We have found out from the trade, that rapeseed has been harvested so dry that it will be impossible to crush it for oil. This has certainly been a very unusual summer.

Thrilled to report the new marker on the drill attachment works! The boys had a couple of visits to a new one just to confirm that they were putting a few of the sections in the correct place and when they plugged it all together on the tractor, hey presto, it worked first time.

Obviously, they were proud as punch and rightly so, quite an undertaking to do this amendment. According to our dealer, this has never been done before, so quite an achievement.

Our little tractor, the Deutz-Fahr, was sold at the beginning of August. It was a little tricky at first without it whilst combining but have used the loader instead and all worked well. Whilst waiting for the sun to reappear, Steve and Pete have been erecting guttering on the old stable roofs which I am pleased to say works a treat after all the heavy down pours we have been having.

A few hay deliveries too as the grass in some paddocks hasn't grown very well due to the sun and the horses need supplements. On this subject, our Agronomist was saying how short the supply of vegetables will be this autumn and winter.

He also inspects farms that grow vegetables and was telling us how the drought and flea beetle have affected the crops. Some people will be pleased that the supply of brussels sprouts will be very low this Christmas. Personally, I love them.

I found Steve Fuller's report on the Cinnibar moth very interesting. We have plenty of ragwort around the edge of the fields but didn't realise how connected they both were. I have seen a few from time to time around the farm but recently seen more Jersey Tiger Moths, which are quite lovely to look at.

There are some wonderful oak galls on Chelsfield Green oak trees at the moment but I particular like the Knopper gall. As you can see from the picture they look very unusual and they are sticky too. There is a heavy crop of acorns this year and the hawthorn trees are loaded with berries, this month's weather saying may come true.

Had been a little puzzled over the some of the field names great Grandfather mentioned in his letters especially Stoney Hill field and Windmill field, so I paid a visit to Bromley Archives and looked at the tithe maps.

/continued on next page

Green Christianity for a Fragile Planet - event

GREEN CHRISTIANITY FOR A FRAGILE PLANET –

Friday 12 October 2018 at Orpington Baptist Church, Station Road, BR6 0RZ.

Refreshments from **6.30 pm** and an opportunity to look at stands from exhibitors, including Bromley Friends of the Earth, focusing on environmental issues, both local and national. **Panel Debate starts at 7.00 pm**

A group from Churches Together in Orpington got together and decided that the churches should be doing more towards protecting the environment and stewardship of Creation. They have organised a panel debate on this subject. Speaking and debating and answering questions will be:

Jo Johnson MP, Minister of State (Department of Transport) and Minister of State (London) as well as constituency MP for Orpington.

Billie Anderson from *Tearfund**, a Christian relief and development agency supporting those in poverty and providing disaster relief.

Helen Stephens from *A Rocha UK**, an international network of environmental organisations with a Christian ethos.

Councillor William Huntington-Thresher, Executive Member for Environmental Services, London Borough of Bromley. Jo Musker-Sherwood from *Hope for the Future* which brings together local politicians and communities to take decisive action on climate change.

Each will speak briefly and a *Question Time* will follow when comments and questions from the audience can be put to the panel.

All are welcome. To submit a question in advance, call 0114 312 2619.

* Andy Atkins, CEO of Friends of the Earth 2008-2015, was formerly policy and campaigns director at Tearfund and is currently CEO of A Rocha

Miller's Mutterings - continued

Obviously the railway wasn't there when these maps were written but after referring to later maps, worked out that Stoney Hill field was where Warren Drive is roughly and Windmill field somewhere around the station.

We still use some of the field names today but obviously our farm is much smaller now. I find it all very interesting and wonder how some of the names came about. Perhaps I'll delve a little deeper and keep you posted.

The weather saying for this month is about Michaelmas Day which is on the 29th September

If Michaelmas brings many acorns, Christmas will cover the fields with snow

News from Jubilee Debt Campaign

DEBT WEEK IS COMING! Save the date

When: 27 October - 4 November

Where: You tell us!

From Saturday 27th October - Sunday 4th November people across the country will be taking a stand in their communities to shine a light on the growing debt trap facing households and to send a message to the government to act. Will you join us?

Why Debt Week, and why now?

No-one should have to get into debt just to put food on the table, but this is a reality for millions of families in the UK. It's no surprise that the government is yet to publicly talk about this, let alone set out how they're going to help. That's why we've called a week of action on Household Debt, because things HAVE to change.

What YOU can do:

We've got a free 'Debt Week Action Kit' which has tips and ideas about how YOU can be a part of Debt Week.

There are lots of different ways you can get involved:

- Get postcards signed for our petition to the government
- Write a letter to your local newspaper
- Organise a coffee and cake session
- Organise a stall on your high street
- Table a motion in your union branch
- Write Tweets or Facebook posts

Our action kit sets out guides to all of these ideas and more. It'll be available on our website soon, so watch this space!

Get some goodies

We've got a jam-packed 'stall resource pack' ready to send you, perfect for a small stall or display. It includes bunting, a table cloth, a poster and all the information you'll need to get the message out. We'll be sending these out at the end of September – please email nic@jubileedebt.org.uk to get yours now!

Be creative

Got other ideas? We are always looking to hear about new ways of doing things, so if you have a great idea for how to raise awareness about the debt trap in your community please do get in touch and we can see how to support you.

Make Debt Week the beginning of the end of the debt trap

By using our voices collectively, with thousands of people, we can show solidarity with families struggling with debt and force the government to admit there's a problem and take action to address it.

TOGETHER WE CAN WIN and end the Great British Debt Trap.

Jubilee Debt campaign's website is at https://jubileedebt.org.uk/ - they can be contacted by email at info@jubileedebt.org.uk or by phone at 020-7324-4722.

Forthcoming Permaculture events – thanks to Ann Garrett

Permablitz at Forest Farm Peace Garden

Saturday 6th October, 10am-5:30pm. Hainault. East London

Come and help plant and find out about native forest garden plants on this permablitz. It is the second of three to implement a project funded by 'Grow Wild' (led by Kew Gardens) to showcase edible, wildlife-friendly plants that have been growing in Britain since ancient times. Miniworkshops will cover 'What are native plants?', an overview of the plants, and an explanation of Forest Farm Peace Garden's forest garden design and this new area being established.

RSVP Essential: if you want to come along you need to let us know so we know numbers and we can give you all the specific details. Contact us at http://www.permablitzlondon.com/cont act-us/

Abundance Day at Forest Farm Peace Garden

Sunday October 14, 12pm-4pm. Forest Farm Allotments, end of Hazelbrouck Gardens, Hainault, London IG6 2XI

An annual event to celebrate our apple harvest and mark World Mental Health Day. Lots of great workshops, activities and food to enjoy for all. We look forward to seeing you there. More details:

https://www.forestfarmpeacegarden.org/

Capital Growth training courses in early October

Sat 6th October, 10.30am-1.30pm, Make your own natural household & skincare products using common herbs Whetstone Stray Allotments, N12

Tue 9th October, 6.00pm-8.30pm, Introduction to forest gardening, Cecil Sharp House, NW1

Sat 13th October, 10.30am-1.30pm, Natural winter cures for coughs and colds, Spitalfields City Farm, E1

More information and links to booking pages here

https://www.capitalgrowth.org/training/

--- free space ---

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Reuser Column Don't throw It away - Reuse It!

If you have any items to sell, or anything that you require, please send details to the Editor. Items will be displayed for three months, the number in brackets after an item indicating for how long it has appeared. Could you please contact us if an item has been sold / obtained, so that it can be removed from the newsletter?

Any donations to Bromley FoE generated from this column gratefully received!

Non-members' Section

If you are not a member of Bromley Friends of the Earth, BFoE, then hello. We are an active local group affiliated to national Friends of the Earth concerned with promoting the understanding of environmental issues. We also campaign on these issues at a local, national and international level.

If you would like to know more about who we are and what we do please contact either of our co-ordinators Sheila Brown (01689-851605) or Ann Garrett (020-8460-1295); their email addresses are on the previous page. Alternatively, you can come along to one of our free monthly meetings held on the first Tuesday of every month at the Friends Meeting House, Ravensbourne Road, and Bromley (that's towards the bottom of the High Street and on the right going south). If you would like to join us then please fill in and send us the form below.

Membership Application/Renewal* Form (*please delete as appropriate.)

Please return this form to: **Bromley FoE**, **2 Bucks Cross Cottages**, **Chelsfield Village**, **Orpington**, **and Kent**, **BR6 7RN**. Other enquiries regarding the group: may be sent by email to *bromleyfoe@gmail.com*, or telephone our co-ordinators at the telephone numbers above.

I wish to support Bromley Friends of the Earth and enclose my annual subscription (£8 single / £15 couple/family). I also enclose a donation (optional) of to help towards the cost of producing and distributing the monthly Newsletter.

Name	Telephone Number			
Address				
Postcode				
Email Address				
Do you have any hobbies or interests that may be of use to the group?				